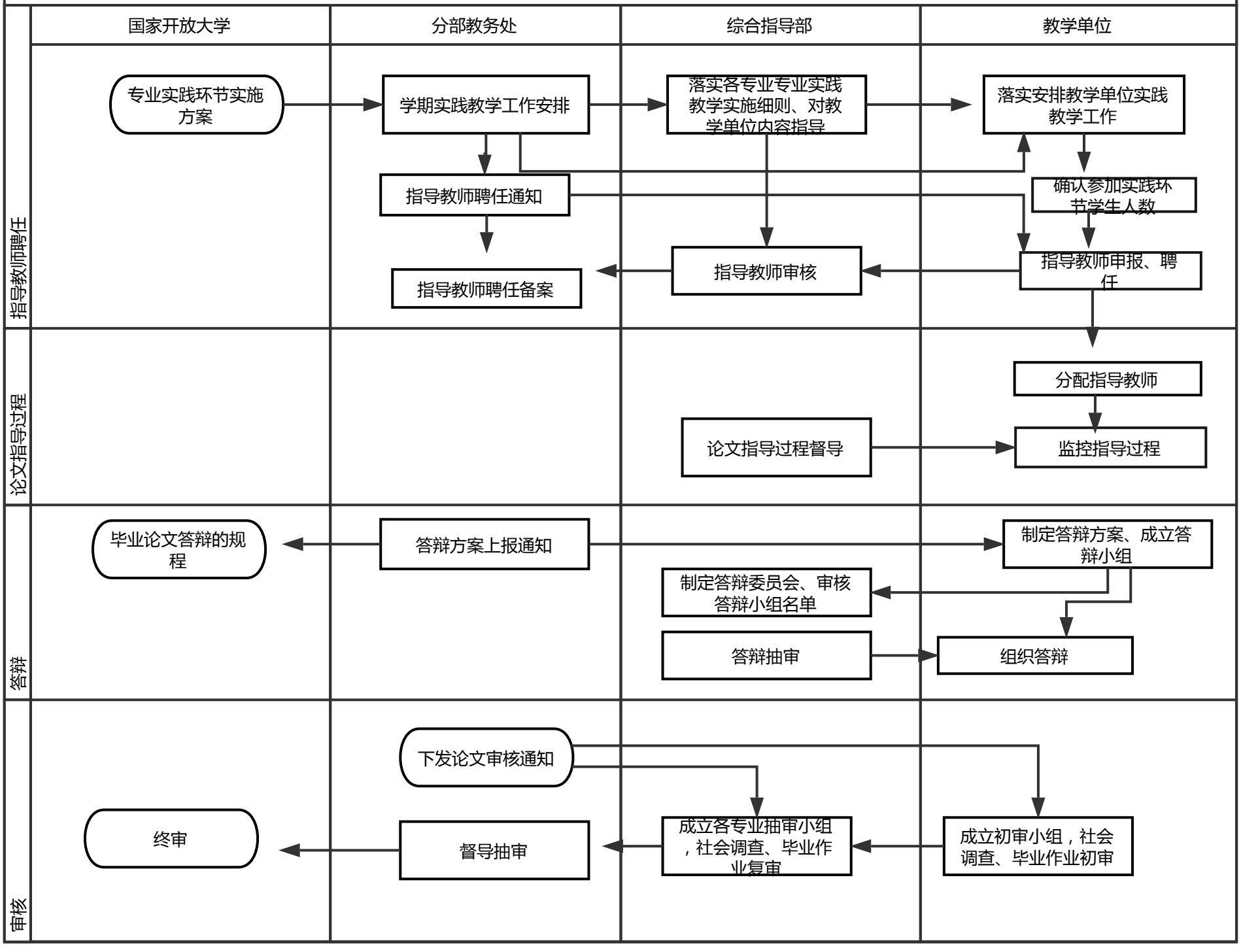5-3-1实践环节毕业论文管理